



NEWSLETTER

November 2009



National Member of UNESCO's Associated Schools Network

Dear families,

The Fall term has been a time to establish routines and strengthen our school community. Classroom teachers have completed the Division's Comprehensive Assessment Program (CAP) and have already begun to take the next steps in instructional programming for their students. You will receive a written report highlighting your child's performance on this assessment. In addition, students in grades 1-6 will receive first term report cards as well as their CAP reports on Monday, November 23. These are followed up with parent teacher conferences for all grades during which time you will have an opportunity to discuss your child's progress and to raise any questions or concerns you might have. Written CAP reports will be provided for the Nursery and Kindergarten students, however, Nursery students do not receive report cards and Kindergarten students receive report cards in February and June. Please do not wait until the conferences to speak with your child's teachers if you have any questions or concerns.

I would like to thank the parents who were able to attend the Discussion Evening sessions. These sessions offered parents the opportunity to ask questions and share concerns about a variety of topics related to their children's education here at school. The teachers and myself found the feedback extremely valuable and has given us some areas to discuss further.

The Winnipeg School Division has created a website devoted to providing parents with information about the H1N1 Influenza. You can access this information by going to: <http://www.wsd1.org/news/PandemicPlanning.htm>.

Three new Silver Cloud Maples have been planted on the east side of the school thanks to the efforts of Pam Dixon and her husband Gary Weinberg. A committee of Grade 3 and 4 students will meet in late January to begin exploring what kinds of plants should be planted in our garden areas. Please let me know if you are interested in supporting our students with their gardening efforts.

As the cold weather descends upon us, I would like to remind you to ensure your children are dressed appropriately. Students are expected to be outside before school, during morning, lunch hour, and afternoon recess breaks. We feel that playing and running around outdoors is important for their physical health and well being. The children will be indoors when it is raining or when the temperature outside reaches -28. In addition, we ask that all grade 1-6 students and family members go straight outside before school starts to avoid interrupting the teachers as they are busy planning for the day or attending important meetings. The morning bell rings at 8:55 a.m. at which point all students should make their way to their classes. It is expected that all students are in their classrooms for morning announcements. Thank you for your cooperation.

I look forward to seeing you at the Family Movie Night on November 10.

Ira Udow

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Picture Retakes - November 10

Students requiring retakes must check **retake request box on proof order form and return to school.** Any inquiries call Lifetouch at 1-866-443-9640. Late orders must be taken directly to Lifetouch at #1 - 1410 Mountain Avenue.

PARENT ADVISORY COUNCIL NEWS . . .

Thank you to all the parents who attended our PAC meeting Tuesday October 20. Attendance was lower than average and we want to encourage more parents to come out. We will begin sending out our agenda in advance of meetings. If you have something you'd like included on the agenda please let us know.

The position of PAC Secretary still needs to be filled. Responsibilities include: taking minutes at monthly PAC meetings, typing and distributing those minutes and attending executive meetings.

Phone books in pdf format have been emailed out to classrooms this week. A limited number of hard copies will be available – please contact your room rep if you would like a hard copy phone book.

Our PAC bulletin board is right by the Ecosystem – updates and information for parents will be posted.

The Show & Save/Entertainment book and Magazine/gift fundraisers are over – stay tuned to see how well we did. The Sobey's gift card sale is well underway – makes great holiday gifts! Please keep in mind we are a registered charity. Donations in lieu of or along with fundraising are always welcome. Tax receipts can be provided on request for straight donations of \$10 or greater.

Our first Family Event is coming up – Movie Night is November 10th! Mend your favorite pj's and fluff up your comfy pillows! Show time is 7pm.

Hebrew classes for adults is back again this year, thanks to our "Morah" Eileen Curtis. We are opening up the registration to the community. If you know anyone that wants to take on this exciting challenge please have them contact the school.

Next PAC meeting is Wednesday November 18 – 7pm .
Babysitting is available – please contact Shelley or Liane

SOBEY'S FUNDRAISER . . .

Once again we are pleased to be offering gift cards from Sobeys! The gift cards are available in \$25, \$50 and \$100 denominations. **Please see information letter and order forms that went home this week.**

Orders will be taken from Oct 30 – Nov13. Delivery of the cards will be during the week of November 23.

The money earned from this fundraiser will go into the general fund of PAC to help purchase items on the school wish list and fund activities and outings for the students.

Please help us reach our goal of selling \$25,000 of gift certificates for Brock-Corydon School to receive the maximum return of 10% of the sales.

Thank you - Brock Corydon Parent Advisory Council

BROCK CORYDON LUNCH PROGRAM...

I am pleased to announce we have a full staff that includes EA's working in the school, parents and members of the community: Johnathan Rodger, Liane Brandt, Steve Noton, Marlene Ackman, Marla Chernick, Eloisa Arevalo-Valle, Claire Rodger Dyck, Sarah Morry, Gayla Abells and Judith Waldman.

The Moo Milk campaign is upon us! For the next couple of months milk containers will be displaying the "Moo Milk" contest. Very occasionally selected cartons of milk will make a "moo" sound when opened. These cartons do not have milk in them but rather water - it is very clear. The children get pretty excited around Moo Milk time:-) Sometimes children who don't normally drink milk will take containers, open them and spill them out after they determine they are not "Moo Milk". Some children who regularly drink milk might take more milk than they normally would in the hopes that their container will be a "Moo Milk". We will be reminding the children that if they are taking milk at lunch time they are only allowed one container. We do our best to encourage the children to drink their milk and not to waste any food. Please help us in our efforts to keep our costs and food waste down by talking about this with your children.

When sending frozen dinners for lunch consider putting them in the fridge overnight. This will shorten microwave time and allow all the children to enjoy their meals without feeling rushed. Popcorn, milk and sandwiches are not microwaved.

The weather is changing and it's important that children be prepared. All children are required to go outside for the lunch time recess. Please ensure your child has the right clothes for the season.

Please contact me if you have any questions regarding the lunch program.

Shelley Breslaw-Wynne, Brock Corydon Lunch Program Coordinator,
489-6530 – home, 488-4422 – school (not between 11:30 and 1pm)

MUSICAL NOTES... ELLA GOLUBCHIK, MUSIC TEACHER

“Music is enough for a lifetime, but a lifetime is not enough for music” Sergey Rachmaninov

Gr. 1-2: We celebrate the colourful fall with the new songs we have learned such as: “Apple on the Stick”, “I like the colors of the fall”, “Welcome to our school”, “We’re back! “.

Gr. 3-4: As a part of their music curriculum students in grades 3 and 4 have started to learn how to play recorder. We play recorders once a cycle on school day 5. So far we have learned how to play notes B and A. We are learning how to play a nice, gentle sound with the right tongue and fingers positions and at the same time to read notations.

Gr. 5-6: This time of the year we are learning about the famous Austrian composer, “The King of the Waltz”, Johann Strauss Jr. who created his music in the Romantic Era. His amazing, “The Blue Danube” made us feel the time of $\frac{3}{4}$ which is the Waltz Time Signature, and imagine the beautiful river that the composer was impressed by.

The students have also been learning songs that will be sung during our up-coming Remembrance Day Assembly.

PHYSICAL EDUCATION ... DOUG MCGREGOR, PHYSICAL EDUCATION TEACHER

Intramurals: Currently the Grades 5 and 6 are participating in intramurals. They will be playing co-ed volleyball on Days 2, 4 and 6.

Interscholar Sports: The next tournament will be for Grade 6 only (due to space limitations). A Grade 6 co-ed volleyball tournament will be held at the end of November/beginning of December. The date and location will be announced. It will be held during a morning or afternoon at a neighbouring school.

Comprehensive Assessment Program (CAP): I have finished assessing all Grades K-5 students’ abilities in movement, manipulative and balance skills as part of our school division’s assessment program. You will receive a summary sheet of the assessment results in the area of physical movement skills for your child. This assessment determines each child’s current ability level as they continue their learning of physical movement skills.

Physical Education Classes: Along with the CAP all Grades 1-6 students have been doing fitness assessments. Aerobic fitness for Grades 1-3; Aerobic, muscular endurance, muscular strength and flexibility assessment for Grades 4-6. Early Years grades have been learning and playing low organized games. Intermediate grades have been learning the skills involved in flag football, soccer, low organized games as well as doing fitness activities.

Skating: Every year the Winnipeg School Division holds elementary skating races in February or March. All Grades 4-6 students must have skates and be able to skate and stop. River Heights Community Club has public skating for a nominal cost until February 28th. It runs Friday from 7:00 - 8:15 p.m. and Sundays from 3:15 - 4:45 p.m. For more information call the Community Club at 488-7000.

Questions/Comments/Concerns: If you ever have a question or concern regarding our physical education program, I would be glad to discuss it with you.

FRANCAIS DE BASE ... COLLEEN ROSSMAN-GORDON, BASIC FRENCH TEACHER

The Grade 1 and 2 students in P3 continue to develop their aural skills. During the month of October, they have learned some Halloween vocabulary, a chanson (song) and met Caramel. Caramel is a guinea pig who is very “outgoing and creative”.

The students in Grades 3-6 have learned la chanson, “C’est l’Halloween” and approximately 24 Halloween vocabulary words. They have begun to make the liaison sound in the grade 3/4 classrooms: C’est un squelette (Say tun) squelette. C’est une souris. (Say tune) souris.

Could you please ensure that your children (Grades 3-6) have all of the required supplies for French? They need to have 10 dividers, a 1.5 - 2 inch binder/cahier, pencils and erasers. Thank you/merci beaucoup, if you have already sent your students with all of their supplies!

We continue to review all of the questions listed in last month’s newsletter. During the month of November, the grade 3 and 4 students will begin their famille unit and the grade 5 and 6 students will work on the verb être (to be) and commence a small food unit.

Continue to ask your children what they are learning en français!

UNESCO ASSOCIATED SCHOOLS NETWORK...

We have begun to meet with student leaders of the Student Council, UNESCO and Environmental Action Team - what an exciting and impressive group of students. Their involvement represents Brock Corydon School's commitment to the **United Nations Educational Scientific Cultural Organization** in establishing a culture of peace, promoting democracy, human rights, solidarity and mutual understanding through curricular and extra-curricular projects. As a national member of UNESCO's associated schools network, Brock Corydon School places emphasis on encouraging our students

- to become more aware of vital world issues and their solutions ranging from conflicts, poverty, environmental and human rights concerns;
- to take action in seeking, collecting and analyzing information and drawing conclusions; to use problem-solving techniques, non-violent resolution of conflicts, creativity and effective communication skills,
- to be responsible global citizens to achieve freedom, equity, solidarity, tolerance, non-violence, respect for nature and shared responsibility.
- To learn to live together in peace and dignity by confirming a sense of identity, self worth and self-confidence combined with respect of other cultures.

For more information about UNESCO Associated Schools please go to the Canadian Commission for UNESCO's site at <http://www.unesco.ca/en/interdisciplinary/aspnet/default.aspx>.

Our Student Council representatives have already identified some of the things they can do to help make our school a better place. They want to make sure that there is safe play out on the playground and that the other students keep the grounds clean. They will be organizing this year's Spirit Week and the Grade 5 and 6 reps will be leading this year's Remembrance Day assembly.

The Environmental Action Team will soon begin composting lunch waste.

We are still collecting aluminum cans and can tabs to give to the Shriners to help people who require support to travel to hospitals in Manitoba.

TRICK OR TREAT FOR UNICEF CAMPAIGN...

Our school is taking part in the Trick-or-Treat for UNICEF campaign. Trick or Treat has been a valued Halloween tradition for half a century, with children carrying the famous UNICEF orange box on Halloween night. With the help of thoughtful teachers and educators across Canada, the Trick or Treat for UNICEF has been redesigned so that the campaign would be more meaningful, flexible, creative and be a more fun way for schools and kids to get involved.

Our school's efforts will help provide needed resources for schools in Rwanda and Malawi through the Schools for Africa programme. As little as \$5 can provide pencils for an entire class, \$10 can provide a soccer ball for recess, or if we pull together and raise \$5,000 we can help provide a clean water source for a community school. Through education, we can help build a better future for children in Africa.

Please help support your child's efforts in the campaign by collecting donations in your neighborhood and from those close to you. You and your child can now collect donations online and win exciting prizes. For more information on how you can register to win please visit www.trickortreatforunicef.ca

Please send any cash or cheques payable to UNICEF Canada in an envelope provided by you along with the UNICEF fundraising sheet by November 6, 2009.

Together we can make an education a reality for millions of children in Malawi and Rwanda!

For more information visit www.trickortreatforunicef.ca

Each student will be given a Manitoba Public Insurance reflector for a safe Halloween night.

FOOD FOR THOUGHT . . . SARAH MORRY, BROCK CORYDON SCHOOL PARENT AND DIETITIAN

Sandwiches are probably the most common lunch. They are good and can be made with the nutrients your body needs. Sandwiches can be made in many different combinations. Here are some you might want to try:

Standard ingredient: roast beef with mustard

New toppings to try: radish slices, cucumber slices or green pepper rings

Standard ingredient: peanut butter

New topping: raisins, dates, prunes, apple slices or banana

Standard ingredient: Chicken or turkey

New topping: cranberry sauce, celery slices, apple slices

These sandwiches can be made using a tortilla wrap as well. When sending sandwiches or wraps remember to package the toppings separately so the bread/tortilla will not get soggy. We have kids who complain that their bread was wet!

Here is a recipe for a nutritious energy packed snack to add to your child's lunch.

Popcorn Power Pack

8 cups freshly popped popcorn

2 cups unsweetened dry cereal

1 cup plain toasted croutons

1 cup tiny unsalted pretzels

½ cup dry roasted peanuts (optional)

2 tablespoons melted margarine

1 teaspoon Worcestershire sauce

½ teaspoon of garlic, chili and onion powder

½ cup raisins (optional)

Mix the first five ingredients. Then mix the remaining ingredients except for the raisins. Pour over popcorn mix. Toss well then spread evenly on a cookie sheet. Bake at 300 for 15 minutes stirring once. Turn off oven and let cool. Mix in the raisins at this point if you like. Store in an airtight container.

BROCK CORYDON DAYCARE...

Has your child been wondering what happens in Daycare? Brock Corydon Daycare currently has spaces available before and after school on a full-time or part-time basis in both the pre-school and school age programs. If your child wants to have some fun in a safe environment, please call Rilla or Lucy at 489-4558 to sign up.

Brock Corydon Daycare is celebrating 20 years in operation. Their Annual General Meeting will take place on Thursday, November 5th at 5:30 p.m. Daycare families please attend the meeting and support your daycare, while you enjoy flavours of the "Café D'Italia" (located in the school gym).



1510 Corydon Ave.
 Wpg., MB R3N 0J6
 Ph: 488-4422 Fax: 489-8764
 E-mail: brockcorydon@wsd1.org
 Web: www.wsd1.org/brockcorydon
 Office Hours: 8:00 a.m. to 4:00 p.m.

November 2009 School Calendar



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Mon	Tue	Wed	Thu	Fri
2 Day 3 Parent Teacher Conference notes go home Jostens School Photo Orders due	3 Day 4 12:20 Chess Club Mad Science 3:30	4 Day 5 Parent Teacher Conference notes returned to school 12:00 Grades 5/6 Environmental Action Team Meeting	5 Day 6 12:20 Gr 5/6 Intramurals Brock Corydon Daycare AGM 5:30 pm Mad Science 3:30	6 Day 1 UNICEF Donations Due Hot Lunch NO MICROWAVE 12:20 UNESCO Students
9 Day 2 Gr 1/2 to MTYP a.m. 12:20 Gr 5/6 Intramurals	10 Day 3 Photo retake day Remembrance Day Assembly 10:30 12:20 Chess Club Mad Science 3:30 PAC Movie Night 6:30	11 REMEMBRANCE DAY NO CLASSES	12 Day 4 12:20 Gr 5/6 Intramurals Mad Science 3:30	13 Day 5 Parent Teacher Conference confirmation goes home Sobey's orders due
16 Day 6 Gr 4 Hep B and Gr 6 HPV shots in a.m. 12:20 Gr 5/6 Intramurals Subway Lunch	17 Day 1 12:20 Student Council Mad Science 3:30	18 Day 2 12:20 Gr 5/6 Intramurals PAC mtg 7 pm	19 Day 3 12:20 Chess Club Mad Science 3:30	20 Day 4 12:20 Gr 5/6 Intramurals
23 Day 5 Report Cards go home Gr 5/6 to MTYP a.m.	24 Day 6 12:20 Gr 5/6 Intramurals Last Tuesday Class for Mad Science 3:30	25 Day 1 Royal Winnipeg Ballet performance a.m. 12:20 Chess Club Parent Teacher Conferences Evening for Large Classes	26 Day 2 Pizza/Pasta Lunch 12:20 Gr 5/6 Intramurals Parent Teacher Conferences Evening for all classes <i>Mad Science cancelled</i>	27 Day 3 Parent Teacher Conferences NO CLASSES
30 Day 4 12:20 Gr 5/6 Intramurals	December dates: 3 Gr 6 Cultural Diversity field trip Mad Science last Thursday class 4 Hot Lunch 10 Gr 5/6 to MTYP a.m. 16 Gr 3/4 to MTYP a.m. 18 Pizza/Pasta lunch—last day of classes for Winter Break			

Please take the time to visit our Scholastic book sale upstairs in the Library during conference times.

Profits go directly towards the purchase of Library books.